

**Client:** Thesis Asset Management  
**Source:** Worthing Advertiser  
**Date:** 19 August 2009  
**Page:** 5  
**Circulation:** 97875  
**Size:** 278cm2  
**AVE:** 847.9

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## Spot the celebrities on coastal run

THE sixth annual 10k run in aid of Chestnut Tree House children's hospice takes place at 9.30am on Sunday, September, 13, along Littlehampton and Rustington seafront.

Professional footballer Paul Jones and his wife Annette have decided to take part in the 10k Coastal Run. They have supported Chestnut Tree House for two years and, to date, their fund-raising efforts have totalled more than £20,000 and greatly helped to raise the awareness of the hospice and its work.

During his career, Paul has played more than 300 games for Southampton, including the FA cup final in 2003. He has earned 50 caps for his country, Wales, between 1996 until 2006 and is currently the goal-keeping coach for Wales.

Children's TV presenter, Jez Edwards, has also signed up to the run and is training hard to give his friend, Paul Jones, a run for his money!

Jez has agreed to open the family fun day at Chestnut Tree House on September 26, at 10am with fellow children's TV presenter, Michael Abaslom.

"We are flinging open our doors and inviting all our supporters to come and have a look round our hospice as part of the National Children's Hospice Week celebration," said a spokesperson.

"We were hoping that Olympic silver medalist, Iwan Thomas, would be able to join us on the day but, unfortunately, he is unable to make it.

"However, he sent us this message of support. Said Iwan: "I am amazed and humbled by the fantastic care that Chestnut Tree House provides for local life-limited children and their families.

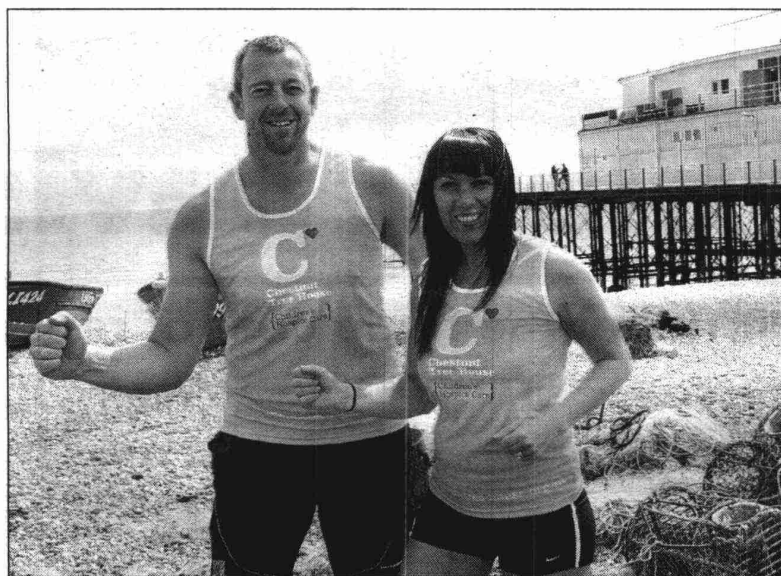
"It's a great cause and it's local so you can see for yourself that any money you raise will go directly towards helping children and young people in your community.

"I wish everyone taking part the

best of luck and encourage anyone who isn't yet taking part to get involved today. Call or go online and sign yourself for the Chestnut Tree House 10k Coastal Run."

Places are going fast, but it's not too late to enter. Entry costs £11 per person or £9 for affiliated running club members. You can register online at [www.chestnut-tree-house.org.uk](http://www.chestnut-tree-house.org.uk) or by calling the events team on 01903 871817.

Thesis Asset Management has very kindly sponsored this year's 10k coastal run.



■ Paul Jones and his wife Annette, in training for the 10k coastal run, and bottom left, Jez Edwards